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 **VOTIVA INFORMED CONSENT**

PATIENT NAME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ TREATMENT SITES\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ I DULY AUTHORIZE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ TO PERFORM THE VOTIVA (FORMA-V/FRACTORA-V)

I understand that the Votiva is an RF device used for remodeling of the tissue. It has been explained to me that although RF vaginal treatments has been very effective there is no guarantee that I will benefit from this treatment. I understand the most common side effects and complications from this treatment are the following:

1. **Pain:** you may experience pain during or after the procedure. If you feel significant discomfort after the treatment, you may use over the counter pain medications after the procedure.
2. **Swelling:** there may be swelling in the treatment areas after the treatment which can last up to one week in duration.
3. **Bruising:** you may experience temporary bruising in the treated area which will subside with healing.
4. **Ecchymosis & Purpura:** you may experience some temporary bruising or purple discoloration in the treatment area which will subside with healing.
5. **Blistering / Bullae:** you may experience some temporary blistering / bullae in the treatment area which will subside with healing.
6. **Burn:** you may experience a burn which can be mild, moderate or severe to different degrees in the treatment area. Minor burns generally heal without difficulty but more severe burns, though rate, can lead to scarring, sensory or pigmentary changes.
7. **Pigmentary changes:** you may experience lightening of the skin which may be temporary or permanent (hypopigmentation). You may experience temporary or permanent darkening of the skin (hyperpigmentation).
8. **Scarring:** the risk of this complication is minimal, but it can occur whenever the surface of the skin is disrupted. Strict adherence to all post-operative instructions will minimize the possibility of this occurring.
9. **Allergic reactions:** it is possible to experience an allergic reaction to an anesthetic, topical cream or oral medication.
10. **Herpes Eruption:** it is possible, even with antiviral prophylaxis, to experience a herpes

eruption if you are an HSV carrier. Inform your doctor immediately if you experience pain, skin eruptions or blistering post-treatment so that the proper treatment can be initiated.

1. **Infection:** this treatment has the potential to cause skin damage, so infection is possible, including a urinary tract infection. Infection is unlikely, but can be life-threatening if it does occur and is left untreated; signs and symptoms of infection are: redness, fever, pain, pus and swelling. Should infection occur, you should contact you doctor for immediate evaluation and treatment.

It is important that you tell your doctor if you experience any of these side effects.

I understand that clinical results may vary depending on individual factors, including but limited to medical history, skin type, patient compliance with pre/post treatment instructions, and individual response to treatment.

I certify that I have been fully informed of the nature and purpose of the procedure, expected outcomes and possible complications, and I understand that no guarantee can be give as to the final result obtained. I am fully aware that my condition is of cosmetic concern and that the decision to procced is based solely on my expressed desire to do so.

I confirm that I have informed the staff regarding any current or past medical condition, disease or medication taken. I confirm that I have had an up-to-date normal PAP test and that I have communicated these results.

I consent to the taking of photographs and authorize their anonymous use for the purpose of medical audit, education, and promotion.

I certify that I have been given the opportunity to ask questions and that I have read and fully understand the contents of this consent form.

Patient Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Witness Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**I duly authorize \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and clinical staff to perform the Votiva treatment.**

I understand the Votiva is used for the remodeling of the skin in the vaginal and vulvar regions and the external skin of the labia. I understand there is a possibility of short-term effects such as pain, discomfort, reddening, blistering, scabbing, swelling, temporary bruising and temporary discoloration of the skin, as well as rare side effects such as scarring and permanent discoloration. This treatment has the potential to cause skin damage, so infection is possible. Infection is unlikely but can be life threatening if it does occur and is left untreated. Signs and symptoms of infection are redness, fever, pain, pus and swelling. If infection occurs or you suspect you may be developing signs of infection, you should contact the doctor for immediate evaluation and treatment. These effects have been fully explained to me \_\_\_\_(patient initials).

InMode has determined that the Votiva device used for the treatment of Vulvovaginal treatment is a non-significant risk device. The risks associated with use of the Votiva device have been demonstrated to be minimal and are limited to the skin surface. Potential risks include but are not limited to:

1. Twinge/Soreness (pain) – you may experience pain after the procedure. If you feel significant discomfort after the treatment, you may apply OTC pain relief to minimize that pain.
2. Swelling – the study treatments may cause swelling, which usually go away in one week or less.
3. Bruising – you may experience some temporary bruising in the treated area which will subside with healing.
4. Ecchymosis & Purpura – you may experience some temporary ecchymosis in the treated area which will subside with healing.
5. Blistering/Bullae – you may experience some temporary blistering/bullae in the treated area which will subside with healing.
6. Burn – you may experience burn in different degrees in the treated area which will subside with healing.
7. Infection – this treatment has the potential to cause skin damage, so infection is possible, including a urinary tract infection. Infection is unlikely but can be life threatening if it does occur and is left untreated, signs and symptoms of infection are redness, fever, pain, pus and swelling. Should infection occur, you should contract the study doctor for immediate evaluation and treatment. Any antibiotics required for an infection will be provided by the study doctor.

**It is important that you tell your doctor if you think you have experienced any of these side effects.**

* I understand that clinical results may vary depending on individual factors, including but not limited to medical history, skin type, patient compliance with pre- and post-treatment instructions, and individual respond to treatment \_\_\_\_\_ (patient initial)
* I understand that treatment with Votiva involves a series of treatments and the fee structure has been fully explained to me \_\_\_\_\_ (patient initial)
* I certify that I have been fully informed of the nature and purpose of the procedure, expected outcomes and possible complication, and I understand that no guarantee can be given as to the final result obtained. I am fully aware that my condition is of an elective concern and that the decision to proceed is based solely on my expressed desire to do so \_\_\_\_\_ (patient initial)
* I confirm that I have informed the staff regarding any current or past medical condition, disease or medication taken and I confirm that I have had a normal and up-to-date PAP test \_\_\_\_\_ (patient initial)
* I consent to the taking of photographs and authorize their anonymous use for the purpose of medical audit, education and promotion \_\_\_\_\_ (patient initial)
* I certify that I have been given the opportunity to ask questions and that I have read and fully understand the contents of this consent form \_\_\_\_\_ (patient initial)

Patient Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Witness Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- |
| Personal Information |  |
| NAME: | HOME PHONE: |
| ADDRESS: | WORK/MOBILE: |
| CITY: | PROVINCE/STATE: |
| ZIP CODE: | DATE OF BIRTH: |
| REFERRED BY: | GENDER: |

|  |  |  |  |
| --- | --- | --- | --- |
| Medical History |  |  |  |
| PACEMAKER/DEFIBRILLATOR: |  | ACTIVE SKIN INFECTION(E.G. PSORIASIS, ECZEMA) |  |
| METAL IMPLANTS |  | SKIN DISORDERS (E.G. KELOIDS, ABNORMAL WOUND HEALING) |  |
| CURRENT OR HISTORY OF SKIN CANCER/OTHER CANCER/PRE-MAGLIGNANT MOLES |  | HISTORY OF BLEEDING DISORDERS |  |
| SEVERE CONCURRENT MEDICAL CONDITIONS (E.G. CARDIAC) |  | USE OF MEDICATION/ HERBSINDUCING PHOTOSENSITIVITY |  |
| PREGNANCY AND NURSING |  | FACIAL LASER RESURFACING / DEEP CHEMICAL PEELING, LAST 3 MONTHS |  |
| IMPAIRED IMMUNE SYSTEM |  | NEEDLE EPILATION, WAXING OR TWEEZING, LAST 6 MONTHS |  |
| DISEASES STIMULATED BY HEAT (E.G. HERPES SIMPLEX) |  | TANNED SKIN |  |
| DISEASES STIMULATED BY LIGHT (E.G LUPUS, PORPHYRIA, EPILEPSY) |  | TATTOO OR PERMANENT MAKEUP |  |
| ENDOCRINE DISORDERS (E.G. DIABETES, PCOS) |  | INJECTIONS/FILLERS |  |
| SURGICAL PROCEDURES |  |  |  |
| List any medications taken |  |  |  |
| List any allergies |  |  |  |
| Detail any medical condition |  |  |  |
| Other considerations |  |  |  |

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| --- | --- |
| Skin Type Assessment |  |
| FITZPATRICK SKIN TYPE: I II III IV V VI | ETHNICITY: |
| LAST EXPOSED TO UV (SUN OR TANNING BED) |  |
| PASSIVE TAN? YES/NO | SELF-TANNING LOTION |

|  |  |  |  |
| --- | --- | --- | --- |
| DISEASES STIMULATED BY LIGHT (E.G LUPUS, PORPHYRIA, EPILEPSY) |  | TATTOO OR PERMANENT MAKEUP |  |
| ENDOCRINE DISORDERS (E.G. DIABETES, PCOS) |  | INJECTIONS/FILLERS |  |
| SURGICAL PROCEDURES |  |  |  |
| List any medications taken |  |  |  |
| List any allergies |  |  |  |
| Detail any medical condition |  |  |  |
| Other considerations |  |  |  |
|  |  |  |  |
| **Gynecological History** |  |  |  |
| LAST PAP: |  | PAP RESULTS: |  |
| LAST MENSTRUAL PERIOD: |  |  |  |
| ANY HISTORY OF ABNORMAL PAP SMEARS? | YES / NO | INDICATIONS FOR TREATMENT |  |
|  |  |  |  |
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